

Welcome to POTTTS

What is POTTTS?

POTTTS stands for Partnering in Occupational Therapy Telehealth Services. POTTTS is an innovative approach to Occupational Therapy (OT) service provision for families and individuals with Dyspraxia/Developmental Coordination Disorder (DCD).

POTTTS is a hybrid telehealth occupational therapy service which provides both face to face and online services using both student and qualified occupational therapists.

POTTTS aims to provide supports that are task-orientated, family centred and accessible to families nationally.

Our Vision

Our vision is of a dynamic service where access to high-quality, evidence-based, person-centred therapeutic interventions is available wherever and whenever



it is needed by children, families and communities.

shape the healthcare leaders of the future.

Our Mission

We will deliver a high-quality online therapeutic model of care that supports individuals with Dyspraxia/Developmental Coordination Disorder through engaging health and social care students in an innovative clinical placement model and helping

Who can avail of POTTTS?

The service is designed to provide young people with Dyspraxia/DCD (currently ages 8-13) and their families, as well as those presenting with characteristics of Dyspraxia/DCD, with OT services to support them in achieving their goals to reach their potential.

What is Dyspraxia/DCD?

Dyspraxia, or Developmental Coordination Disorder (DCD) as it is also known, is a condition that affects fine and gross motor coordination (organisation of bigger and smaller movements) which can affect the performance of day-to-day activities (at home, in school, during play).



Dyspraxia, or Developmental Coordination Disorder, is more

common than you would think with research showing that around 5-6% of the population (or 1 in 20 people) have dyspraxia.

Dyspraxia is different for everyone, with each person demonstrating their own strengths and challenges.

What are the presentations of Dyspraxia (DCD)?



Symptoms of dyspraxia (DCD) can vary in individuals and may change over time. Although dyspraxia/DCD affects each individual differently, some of the common difficulties are listed below.

A person with dyspraxia (DCD) may experience differences with:

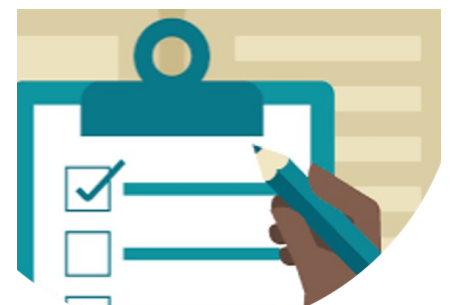
- Co-ordination, balance and movement.
- Writing, typing, drawing and grasping small objects.
- Time management, planning and personal organisational skills.
- Implementing new skills.
- Thinking and remembering information at work and home.
- Daily living skills such as dressing, shaving or preparing meals.
- Social situations and dealing with emotions.

What If my child has characteristics of DCD?

If you have concerns that a child or individual may present with some of the symptoms associated with DCD, completion of a screener or checklist may be beneficial and give an indication of potential DCD characteristics being present.

For children under the age of 16, the Developmental Coordination Disorder Questionnaire (DCDQ) may be a suitable screener.

This can be found here: www.dcdq.ca



Participating in the POTTs programme

What services does POTTs provide?

The POTTs programme aims to provide a reflexive service which responds to our families' needs through a range of both face to face and online services, organised into goal-focused "packages".

These services include:

- Assessment (diagnostic)
- Handwriting assessment
- 1-to-1 intervention
- Activity of Daily Living (ADL) clinic sessions
- Groups
- Parental education
- School education
- One-off face to face activity and education days

What are packages? What is available?

Packages is the term used to describe a group of services bundled together to target a goal or event.

Families will be made aware of the "packages" available and the contents of each package.

Once available, families will be invited to select which of the packages is best suited to the needs of their child at that time.

Packages may cover areas such as:

- Assessment
- Handwriting
- Activities of Daily Living/ Functional goals
- Intervention focused
- Transition to secondary school
- Home/School support

How do I apply for POTTs?

Families can apply to the POTTs programme by completing the application form found here: www.dyspraxia.ie/POTTs-OT-Services and submitting it online.

Please ensure that the correct email address is used and that if referring multiple children that correct names and dates of births are used.

What if I forgot to add something?

If you have forgotten to add some information to your application, further information can be added through the previous referral link found here: www.dyspraxia.ie/POTTs-OT-Services

What should I send in advance of the service?

Necessary:

- Consent and cancellation forms

If available:

- Previous assessment or clinical reports (where relevant)
 - Occupational Therapy
 - Other professions such as Speech and Language, Psychology, etc.
- A sample of handwriting
- School report/IEP
- Teacher questionnaire

Please send these documents to: pottsdocs@dyspraxia.ie

